

## **Dance Your Planet**

**By Laura Stokes**

### **1<sup>st</sup> Grade**

#### **WATER**

##### **Day 1**

##### **Activity 2**

Rain, partner activity

##### **Science Concepts**

Warm air lifts water vapor up into the sky. The vapor cools and turns into tiny droplets – this makes a cloud. The droplets bump into each other and grow. When they’re too heavy to float, they fall!

##### **Materials**

Rain/bouncing music

##### **Movement Concepts**

- Travel across the floor
- Dance full-bodied
- Jump
- Fall
- Partners

##### **Prompts**

- Can you fall from great heights like rain can? NO! That’s why we jump and then fall; it’s a way to represent falling rain.
- Water droplets in clouds move randomly. As the music plays, find a partner “up in the clouds” and dance with your whole body together while traveling across the floor. You can take each other by the hands or just dance closely together. Watch out for the pairs around you. Keep your eyes wide open so you don’t bump into them.
- Can you cut your body in two to represent two water droplets splitting? NO! So, to represent that, when the music stops, your partner and you jump together, then fall and roll apart.
- Go back into the atmosphere by standing up. Find another water droplet to connect to. Dance together as the music plays. When the music stops, hold hands and jump! Fall apart again and repeat.